

C.R.I.S.I.S.



CRITICAL RESPONSE IN STRESS INCIDENT SITUATIONS

The "GRIN" Individual Crisis Intervention and Peer Support & Group Crisis Intervention

This 3-day course combines ALL of the content of ICISF's Individual Crisis Intervention and Peer Support & Group Crisis Intervention courses. Description of each course is below.

Individual Crisis Intervention and Peer Support

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

Program Highlights

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention

Group Crisis Intervention

Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

Program Highlights

- Relevant research findings
- Reducing risks
- Large group crisis interventions
- Relevant recommendations for practice
- Incident assessment
- Strategic intervention planning
- "Resistance, resilience, recovery" continuum
- Small group crisis interventions
- Adverse outcome associated with crisis intervention
- Reducing risks
- Critical Incident Stress Debriefing (CISD)

DATE: Oct. 4,5,6, 2018 TIME: 8am - 5pm daily (must attend all hours)

LOCATION: Fowlerville Fire Dept. 200 N Grand St Fowlerville, MI 48836

COST: \$195.00 for both Group and Assisting Individuals Certifications 3 day class

You will be responsible for your own lodging, meals and transportation

Contact: Jackie 734-972-1244 Email: jackiepeacefulmoves@gmail.com Huckmichael@sbcglobal.net

REGISTRATION ONLINE: www.crisisresponsesolutions.com

This course is designed for anyone in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, First Responders, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.